Ladies Tops

	XS	XS-long	S	S-long	М	M-long	L	L-long	XL	XL-long
Bust	30	30	32	32	34	34	36	36	38	38
Waist	22	22	24	24	26	26	28	28	30	30
Hips	32	32	34	34	36	36	38	38	40	40
Torso Girth	53-54	56-57	55-56 2XL	59-60 2XL-long	57-58 3XL	60-61 3XL-long	59-60 4XL	61-62 4XL-long	61-63 5XL	63-64 5XL-long
			40	40	42	42	44	44	46	46
			32	32	34	34	36	36	38	38
			42	42	44	44	46	46	48	48

Synchronized Skating Skirt Sizes

	Skirt Length Size #1	Skirt Length Size #2
Skirt length sizes are determined by measuring from high hip to knee	18-19	20-21

Measuring Tips

If you have further questions on how to measure properly please contact us.

Bust/Chest – measure the fullest part of bust

Waist - measure around the narrowest part of waist

Hips - measure around the fullest part of your hips

Torso Girth - start at shoulder measure down between the legs back up to the same shoulder

Men's

	XS	S	М	L	XL
Chest	30-32	34-36	38-40	42-44	46-48
Waist	28	30-32	34-36	38-40	42-44
Hips	33	35-37	39-41	43-45	47-49
Torso Girth	55-56	59-60	63-64	67-68	71-72

Measuring Tips

If you have further questions on how to measure properly please contact us.

Bust/Chest – measure the fullest part of bust

Waist - measure around the narrowest part of waist

Hips – measure around the fullest part of your hips

Torso Girth - start at shoulder measure down between the legs back up to the same shoulder

Girls

	4	6	8	10	12	14	16	18
Bust	21	23	25	27	29	31	33	35
Waist	20	21	22	23	24	25	26	27
Hips	22	24	26	28	30	32	34	36
Torso Girth	38-40	41-42	42-46	47-49	49-51	52-54	55-57	57-59

Boys

	S	М	L
Chest	21-23	25-27	29-31
Waist	20-21	22-23	24-25
Hips	22-24	26-28	30-32
Torso Girth	40-41	46-47	51-52

Measuring Tips

If you have further questions on how to measure properly please contact us.

Bust/Chest – measure the fullest part of bust

Waist - measure around the narrowest part of waist

Hips – measure around the fullest part of your hips

Torso Girth – start at shoulder measure down between the legs back up to the same shoulder

Measuring Form

	Name	Bust	Waist	Hips	Torso Girth	Skirt Length	Body Size
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16							
17							
18							
19							
20							